

# The TfT Tips Trio

## HABITS OF LEARNING

"We do not rise to the level of our goals. We fall to the level of our systems."  
— James Clear

This week's tips offer ideas for engaging students with the Habits of Learning, with the hope that the Habits of Learning become a way of being, a system that "catches" us as we fall into a rhythm for the year.

**1** Designate each of the corners of the room as one of the Habits of Learning. Invite students to pick one of the Habits of Learning to focus on for the lesson (or unit, or day, or...) and go to that corner to find a conversation partner. Together, with their partners, students discuss how their chosen Habit of Learning relates to the topic. Throughout the lesson (or unit, or day, or...), students can be prompted to return to their corners to make connections, do collaborative work, etc.

**2** With students in table groups, place **Habits of Learning** cards on the table. Incorporate prompts throughout the lesson for students to choose a Habit of Learning card to respond to a question, make a connection, ask a question themselves, etc.

At the end of the week, ask students to find evidence of how they practiced each of the Habits of Learning. With their pieces of evidence compiled, ask students to self assess themselves (ie. **Thumb-o-meter or fist of five**) on each of the four habits, and write an idea for next steps in the upcoming week.

